Eastern Nebraska

Flowers for Pollinators

Rough blazing star
Liatris aspera

Insects critical to our food and ecosystems depend on an abundant array of spring, summer and autumn pesticide-free blooms. Here are some species to consider.

Spring
Top Garden Picks

Ohio Spiderwort
Tradescantia ohiensis

Foxglove Penstemon
Penstemon digitalis

Threadleaf Bluestar
Amsonia hubrichtii

Wild Columbine
Aquilegia canadensis

Woodland Phlox
Phlox divaricata

Dwarf Blue Indigo
Baptisia minor

Diversify!
More to Try

Sun	6" to 18" high	Scientific Name
○	Pasque flower	*Pulsatilla patens*
○	Prairie smoke	*Geum triflorum*
○	Basket of gold*	*Aurinia saxilis*
○	Wild geranium	*Geranium maculatum*
◐	Woodland phlox	*Phlox divaricata*
◐	Creeping Jacob's ladder	*Polemonium reptans*
◐	Virginia bluebells	*Mertensia virginiana*
◐	Celandine poppy	*Stylophorum diphyllum*
◐	Snowdrop anemone*	*Anemone sylvestris*

Sun	18" to 36" high	Scientific Name
○	Foxglove penstemon	*Penstemon digitalis* (or any Penstemon)
○	Ohio spiderwort	*Tradescantia ohiensis* (or any spiderwort)
○	Catmint*	*Nepeta faassenii*
○◐	Dwarf blue indigo	*Baptisia minor*
○◐	Golden Alexanders	*Ziziaa aurea*
◐	Solomon's seal	*Polygonatum biflorum*
◐	Prairie alumroot	*Heuchera richardsonii*
◐	Wild columbine	*Aquilegia canadensis*

Sun	36" to 48" high	Scientific Name
○	Threadleaf bluestar	*Amsonia hubrichtii*
○	Blue indigo	*Baptisia australis*
○◐	Eastern bluestar	*Amsonia tabernaemontana*

○ = full sun ◐ = part shade ○◐ = full sun to part shade

*Indicates a species not native to the U.S.

PLANTNEBRASKA

Growing Trees, Plants, and Communities

Eastern Nebraska

Flowers for Pollinators

Scarlet beebalm
Monarda didyma

Early Summer
Top Garden Picks

Missouri Primrose
Oenothera macrocarpa

Lanceleaf Coreopsis
Coreopsis lanceolata

Purple Prairie Clover
Dalea purpurea

Pale Purple Coneflower
Echinacea pallida

Scarlet Beebalm
Monarda didyma

Culver's Root
Veronicastrum virginicum

Diversify!
More to Try

Sun	6" to 18" high	Scientific Name
○	Veronica 'First Match'*	*Veronica longifolia* (or any Veronica)
○	Missouri primrose	*Oenothera macrocarpa*
○	Yarrow	*Achillea millefolium*
○◐	Calamint*	*Calamintha nepeta*

Sun	18" to 36" high	Scientific Name
○	Lance-leaf Coreopsis	*Coreopsis lanceolata* (or any Coreopsis)
○	Butterfly milkweed	*Asclepias tuberosa*
○	Purple prairie clover	*Dalea purpurea*
○	Pale purple coneflower	*Echinacea pallida*
○	Spiked gayfeather	*Liatris spicata*
○	Jupiter's beard*	*Centranthus ruber*
○	Salvia 'Cardonna'*	*Salvia nemorosa* (or any Salvia)
○◐	Purple coneflower	*Echinacea purpurea*
○◐	New Jersey tea	*Ceanothus americanus*

Sun	36" to 48" high	Scientific Name
○	Wild quinine	*Parthenium integrifolium*
○	Leadplant	*Amorpha canescens*
○	Scarlet beebalm	*Monarda didyma*
○◐	Black cohosh	*Actea racemosa*
○◐	Culver's root	*Veronicastrum virginicum*

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PLANTNEBRASKA

Growing Trees, Plants, and Communities

Eastern Nebraska

Flowers for Pollinators

Nodding pink onion
Allium cernuum

Late Summer

Top Garden Picks

Prairie Onion
Allium stellatum

Rattlesnake Master
Eryngium yuccafolium

Swamp Milkweed
Asclepias incarnata

Virginia Mountain Mint
Pycnanthemum virginicum

Litte Joe-Pye Plant
Eupatorium dubium

Thickspike gayfeather
Liatris pycnostachya

Diversify!

More to Try

Sun	6" to 18" high	Scientific Name
○	Nodding pink onion	*Allium cernuum*
○	Prairie onion	*Allium stellatum*
○	Blanket flower	*Gaillardia aristata*

Sun	18" to 36" high	Scientific Name
○	Rattlesnake master	*Eryngium yuccafolium*
○	Blue giant hyssop	*Agastache foeniculum*
○	Virginia mountain mint	*Pycnanthemum virginicum*
○	Black-eyed Susan	*Rudbeckia fulgida* (or any Rudbeckia)
○	Little Joe-pye plant	*Eupatorium dubium*
○◐	Swamp milkweed	*Asclepias incarnata*
◐	Great blue lobelia	*Lobelia siphilitica*

Sun	36" to 48" high	Scientific Name
○	False sunflower	*Heliopsis helianthoides*
○	Wild beebalm	*Monarda fistulosa*
○	Grey-headed coneflower	*Ratibida pinnata*
○	Blue pitcher sage	*Salvia azureus*
○	Joe-pye plant	*Eupatorium purpureum*
○	Meadow gayfeather	*Liatris ligulistylis*
○	Thickspike gayfeather	*Liatris pycnostachya*
○	Rough gayfeather	*Liatris aspera*
○	Blue globe thistle*	*Echinops ritro*
○◐	Blunt mountain mint	*Pycnanthemum muticum*
○◐	Sweet coneflower	*Rudbeckia subtomentosa*
○◐	Missouri goldenrod	*Solidago missouriensis* (or any goldenrod)

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More resources: plantnebraska.org

Eastern Nebraska

Flowers for Pollinators

'Wichita Mountains' goldenrod
Solidago 'Wichita Mountains'

Autumn

Top Garden Picks

'Autumn Joy' Sedum
Sedum spectabile

Aromatic Aster
Aster oblongifolius

'Wichita Mountains' Goldenrod
Solidago 'Wichita Mountains'

Dotted Gayfeather
Liatris punctata

Helen's Flower
Helenium autumnale

Wild Senna
Senna hebecarpa

Diversify!

More to Try

Sun	6" to 18" high	Scientific Name
○	Aster 'Snow Flurry'	*Aster ericoides*
○	Dotted gayfeather	*Liatris punctata*

Sun	18" to 36" high	Scientific Name
○	Obedience plant	*Physostegia virginiana*
○	Goldenrod 'Wichita Mountains'	*Solidago*
○◐	*Sedum 'Autumn Joy'	Or any Sedum
○◐	Blue-mist flower	*Conoclinum coelestinum*
◐	Turtlehead	*Chelone glabra*
◐	Zigzag goldenrod	*Solidago flexicaulis*
◐	Aster, blue wood	*Aster cordifolius*
◐	Aster, bigleaf	*Aster macrophyllus*
◐	Aster, Short's	*Aster shortii*

Sun	36" to 48" high	Scientific Name
○	Aster, smooth	*Aster azureus*
○	Aster, New England	*Aster novae angliae*
○	Aster, aromatic	*Aster oblongifolius*
○	Helen's flower	*Helenium autumnale*
○	Wild senna	*Senna hebecarpa*
○	Blue-mist spirea*	*Caryopteris*
○◐	Japanese anemone*	*Anemone hupehensis*

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